



MODERATE/AGGRESSIVE CO2 POST TREATMENT GUIDE

Day of treatment:

- You may feel a hot / sunburn sensation for 2- 6+ hours post-treatment
- During the recovery, swelling, redness, and mild to moderate sunburn sensation are to be expected along with pinpoint bleeding, weeping, or oozing.
- Use a cool misting spray (Hydrinity Hyacyn spray) or sterile cool compress (**not ice**) to reduce the sensation of heat.
- Gently apply a thin layer, about the thickness of a dime, of Vaseline or the Hydrinity Restorative Ha Serum after the sunburn sensation fades (usually by bedtime), to keep the area moisturized and protected.
- Prior to bedtime, it may be beneficial to take an antihistamine (e.g., Benadryl® or Zyrtec®).

After the treatment:

- Day 1-3, apply vinegar-soaked pads (1 cup water + 1 TBS white distilled vinegar) to help prevent or soften crusting from the weeping/oozing. Can be repeated as often as every 2 hours. Store in the refrigerator between uses to aid in the cooling effect.
- Day 1-5+ Wash with a mild cleanser (AM & PM), blot dry, and do not scrub.
- Do not use any exfoliants or other products/procedures to address the dry skin/texture for 2-4 weeks or as directed by your provider.
- Apply post-treatment products as directed; if a burning sensation lasts more than a few minutes after applying the product, wash with mild cleanser, cold water, and notify your provider.

If you have any questions regarding your post treatment guide, please contact our office 239-482-7676.